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The Virginia Capital Trail Foundation exists to protect, promote, and enhance the Virginia Capital Trail, and to serve as a resource, community builder, and connector to other trails throughout the Commonwealth.

VIRGINIA CAPITAL TRAIL

VirginiaCapitalTrail.org

VDOT

Virginia Department of Transportation

TRAIL RULES:

- Be respectful and alert.
- Stay to the right, pass on the left, give audible warnings.
- Limit distractions, don't impair your hearing.
- Obey all Trail and road signs.
- Use safe speeds. Slow down in congested areas.
- Pull off the Trail when stopped.
- Leash and clean up after pets.
- Maintain single file.
- No unauthorized motorized vehicles.

VIRGINIA IS FOR TRAIL LOVERS

VIRGINIA CAPITAL TRAIL MILEAGE CHART




Great Shiplock Park (Mile Marker 52)     





5.9 **Battlefield Park Road** (MM 46-45)     

9.1 **Dorey Park** (MM 43-42)     






11.1 2.0 **Four Mile Creek Park** (MM 41-40)   

15.4 6.3 4.3 **Willis Church Road** (MM 36)   


20.7 14.8 11.6 9.6 5.3 **Shirley Plantation Road** (MM 31-30)   

24.0 18.1 14.9 12.9 8.6 3.3 **Herring Creek** (MM 28-27)    

28.7 22.8 19.6 17.6 13.3 8.0 4.7 **Lawrence Lewis, Jr. Park** (MM 23-22)     

30.8 24.9 21.7 19.7 15.4 10.1 6.8 2.1 **Charles City Courthouse** (MM 21-20)     

44.7 38.8 35.6 33.6 29.3 24.0 20.7 16.0 **Chickahominy Riverfront Park** (MM 7-6)     

51.4 45.5 42.3 40.3 36.0 30.7 27.4 22.7 20.6 6.7 **Jamestown** (MM 0)     



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We plan, You ride.

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