

RICHMOND

HENRICO COUNTY

CHARLES CITY COUNTY

WILLIAMSBURG

JAMES CITY COUNTY



TRAIL ETIQUETTE

- Be respectful and alert
- Stay to the right, pass on the left, give audible warnings
- Limit distractions, don't impair your hearing
- Obey all Trail and road signs
- Use safe speeds, slow down in congested areas
- Pull off the Trail when stopped
- Leash and clean up after pets
- Maintain single file
- No unauthorized motorized vehicles



	Parking
	Restrooms
	Picnic Areas
	Convenience Stores
	Restaurants
	Camping
	Lodging



Water Fountains

- Varina Library
- Dorey Park
- Charles City Courthouse
- Chickahominy Riverfront Park
- Spoke + Art
- Jamestown Settlement



Fix-it Stations*

- | | |
|----------------------|------------------------------|
| Great Shiplock Park | Charles City Courthouse |
| The Boathouse | Chickahominy Riverfront Park |
| Dorey Park | Spoke + Art |
| Four Mile Creek Park | Jamestown Settlement |
- * Equipped with basic bike repair supplies

VIRGINIA IS FOR TRAIL LOVERS

An interactive map is available at virginiacapitaltrail.org

You can support us by donating online at www.virginiacapitaltrail.org/donate

MISSION STATEMENT

The Virginia Capital Trail Foundation exists to protect, promote, and enhance the Virginia Capital Trail, and to serve as a resource, community builder, and connector to other trails throughout the Commonwealth.



TRAIL MAP & INFORMATION

www.virginiacapitaltrail.org



WHAT WE DO

PROGRAMS & ENVIRONMENTAL STEWARDSHIP

Our trained volunteer Trail Ambassadors regularly patrol the Capital Trail and submit important maintenance reports. Ambassadors also assist Trail users with directions and suggestions, and help with litter cleanups, educational programs, and volunteer outreach.

Our Adopt-a-Trail Program and annual Cap Trail Cleanups work with families and businesses to clean segments of the Capital Trail to ensure good stewardship of our natural resources.

TRAIL ADVOCACY & ENHANCEMENTS

Infrastructure advocacy is vital. We love trails and persistently advocate for increased connector trails. Our vision is for the Capital Trail to be part of a 200+ mile trail network connecting communities to recreation, transportation, history, and environmental resources.

OUTREACH EVENTS & ENHANCEMENTS

We want to inspire healthy fitness and bring the community together. We host our annual Cap2Cap Bike Ride, Cap Trail 10M/5K Run, and other events to get more users on the Capital Trail and promote active living. We also manage the installation of key amenities including benches, repair stations, bike racks, and rain shelters to improve the overall Trail experience.

VOICE & MARKETING

The Virginia Capital Trail Foundation (VCTF) is the only entity that oversees the entire 51.7-mile paved pedestrian trail. We partner with the four jurisdictions (James City County, Charles City County, Henrico County, and the City of Richmond), VDOT, tourism organizations, businesses, and other stakeholders to make sure the Capital Trail continues to be an excellent recreational and transportation infrastructure in the region.

**VISIT OUR ONLINE CALENDAR
FOR INFORMATION ON
TRAINING, EVENTS, AND PROGRAMS.**

SHOW YOUR SUPPORT BY DONATING TODAY!
www.virginiacapitaltrail.org

For questions, suggestions, or to report a maintenance issue, email our team at

info@virginiacapitaltrail.org