RICHMOND Great Shiplock Park The Boathouse Island Shrimp Co. Kul Wheels Marker 50 7-Eleven Dorey Park (Connector Trail) Varina Library **₽** Walgreens Mile Marker 45 Four Mile Ronnies's BBQ Creek Trailhead Food Lion 😇 Mile Marker 40 Exxon Station/ Dairy Queen Mile Marker 35 Turkey Island Historic Edgewood B&B Mile Marker 20



TRAIL ETIQUETTE

- Be respectful and alert
- Stay to the right, pass on the left, give audible warnings
- Limit distractions, don't impair your hearing
- Obey all Trail and road signs
- Use safe speeds, slow down in congested areas
- Pull off the Trail when stopped
- Leash and clean up after pets
- Maintain single file
- No unauthorized motorized vehicles





Water Fountains

Varina Library
Dorey Park
Charles City Courthouse
Chickahominy Riverfront Park
Spoke + Art
Jamestown Settlement

VIRGINIA IS FOR TRAIL



Great Shiplock Park
The Boathouse
Dorey Park

Four Mile Creek Park

*Equipped with basic bike repair supplies

An interactive map is available at virginiacapitaltrail.org

Charles City Courthouse

Jamestown Settlement

Spoke + Art

Chickahominy Riverfront Park

You can support us by donating online at www.virginiacapitaltrail.org/donate

MISSION STATEMENT

The Virginia Capital Trail Foundation exists to protect, promote, and enhance the Virginia Capital Trail, and to serve as a resource, community builder, and connector to other trails throughout the Commonwealth.





CAPITAL TRAIL



PROGRAMS & ENVIRONMENTAL STEWARDSHIP

Our trained volunteer Trail Ambassadors regularly patrol the Capital Trail and submit important maintenance reports. Ambassadors also assist Trail users with directions and suggestions, and help with litter cleanups, educational programs, and volunteer outreach.

Our Adopt-a-Trail Program and annual Cap Trail Cleanups work with families and businesses to clean segments of the Capital Trail to ensure good stewardship of our natural resources.

TRAIL ADVOCACY & ENHANCEMENTS

Infrastructure advocacy is vital. We love trails and persistently advocate for increased connector trails. Our vision is for the Capital Trail to be part of a 200+ mile trail network connecting communities to recreation, transportation, history, and environmental resources.

VISIT OUR ONLINE CALENDAR FOR INFORMATION ON TRAINING, EVENTS, AND PROGRAMS.

OUTREACH EVENTS & ENHANCEMENTS

We want to inspire healthy fitness and bring the community together. We host our annual Cap2Cap Bike Ride, Cap Trail 10M/5K Run, and other events to get more users on the Capital Trail and promote active living. We also manage the installation of key amenities including benches, repair stations, bike racks, and rain shelters to improve the overall Trail experience.

VOICE & MARKETING

VIRGINIA

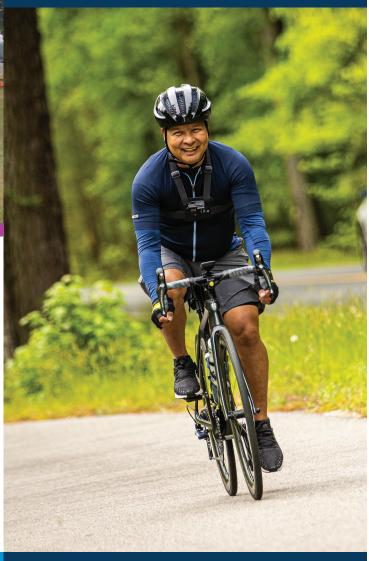
The Virginia Capital Trail Foundation (VCTF) is the only entity that oversees the entire 51.7-mile paved pedestrian trail. We partner with the four jurisdictions (James City County, Charles City County, Henrico County, and the City of Richmond), VDOT, tourism organizations, businesses, and other stakeholders to make sure the Capital Trail continues to be an excellent recreational and transportation infrastructure in the region.

SHOW YOUR SUPPORT BY DONATING TODAY!
www.virginiacapitaltrail.org



TRAIL MAP & INFORMATION

www.virginiacapitaltrail.org



For questions, suggestions, or to report a maintenance issue, email our team at

info@virginiacapitaltrail.org