

Mail-in registration must be received no later than 5/5.
Online registration will close 5/9. Register early.



REGISTRATION

NAME _____

STREET ADDRESS _____

CITY _____

STATE _____

TELEPHONE _____

E-MAIL (please write legibly to receive important pre-ride updates and instructions) _____

BIRTHDAY _____ GENDER (M/F) _____

BIKE CLUB MEMBER (list club) _____

OPTION: I intend to ride the Century Half-Century 25 Miles
 15-Mile Family Ride (Williamsburg starting venue only)

START POINTS:
I will depart from: Rockett's Landing (Richmond)
 Chickahominy Riverfront Park (Williamsburg)

Is this your first Cap2Cap? Yes No

Cap2Cap Ride Fees (No Refunds)

Registration received **PRIOR TO:**
April 16 May 5 Walk-up
All fees per individual rider

<input type="checkbox"/> Century	\$55	\$65	\$75
<input type="checkbox"/> Half-Century	\$50	\$60	\$75
<input type="checkbox"/> 25 Mile Ride	\$50	\$60	\$75
<input type="checkbox"/> Youth Pricing (16 & under)	\$30	\$30	\$30
<input type="checkbox"/> 15-Mile Family Ride (Williamsburg Only)	\$25	\$25	\$30

I would like a Cap2Cap cycling jersey: \$55
Womens: S M L XL XXL
Mens : S M L XL XXL

Donation \$_____ All VCTF supporters receive e-newsletters and a car window sticker.

(The Virginia Capital Trail Foundation is a nonprofit organization eligible for tax-deductible contributions.)

I would like a vegetarian lunch.

Check your t-shirt size: Youth L M L XL XXL

Waive the shirt and make my entire donation tax-deductible.

Employer match. Contact name and phone number: _____

Total Enclosed \$ _____ Check number _____

Don't delay, register early!

Include a check for the total amount and a signed waiver for each participant to:

Virginia Capital Trail Foundation | Cap2Cap | P.O. Box 17966 | Richmond, VA 23226

Or REGISTER ONLINE: www.virginiacapitaltrail.org (will incur online processing fees)

EARLYBIRD:
Before 12/31/2011

25, 50, 100 Mile routes
\$35 PER PERSON

YOUTH (16 & under): \$30

**15-Mile Family Ride (Williamsburg Only):
\$20 per person**

C2C official riding jersey: \$40

RELEASE & WAIVER

I am age 18 or above, OR acting as the parent or guardian for the participant and will accompany him/her at all times while riding. I understand the inherent risks associated with road cycling and agree to abide by all applicable course, highway, or other posted rules, and understand that if I leave the designated route, I am no longer on the Ride. I hereby waive all claims for myself, other family members, heirs, and successors and hold harmless the event organizers, sponsors, jurisdictions, directors, and volunteers, including RABA, WAB, VCTF, the Counties of Henrico, Charles City, and James City from any and all liability associated with this event. I certify that I am in adequate physical condition and in the event I receive medical treatment, I understand that any associated costs are my responsibility and that the event is under no obligation to provide medical care or reimbursement. I also agree that any materials containing my picture may be used in publication or promotion of this event without compensation due. I consent to wear a bicycle helmet at all times while riding.

Signature (parent or guardian if under the age of 18) _____ Date _____

Rules of the Ride

The Foundation is sensitive to the ride's impact on the surrounding communities. Any behavior from a Cap2Cap volunteer or registered rider, either on the road or off, which in any way negatively impacts the reputation of the ride or the Foundation, or places other riders, vehicles or spectators at risk will not be tolerated. This includes:

1. Riding two or more abreast when cars are behind you
2. Not keeping to the far right when cars are behind you
3. Unsafe speeds for the conditions
4. Any inappropriate gestures to anyone who is sharing the road with you

Failure to comply with these rules will result in immediate dismissal from the ride and a one-year suspension from returning to the Cap2Cap.
_____ (initial)

I am aware that each venue offers slightly different experiences, and have registered to start from my location of choice.
_____ (initial)

I am aware of the start times and, based on my abilities, have chosen the distance that I am comfortable completing within the specified hours of the ride. I am aware that, should I still be riding after the published hours of official support, I am responsible for my well-being and may not receive SAG support, rest stop services, or participant lunch. _____ (initial)

Note: Parents be advised that the 25, 50 and 100 mile routes include primary and secondary roads and may not be suitable for children. Minors must be accompanied by a parent or legal guardian at all times while riding. No exceptions.

